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**BIKE RIDES  
ARE NOT CANCELED!**

## **VELO KIDS**

**GETTING KIDS ON BIKES**

**BIKE SKILLS**

**BIKE SAFETY**

**BIKE TRAIL STEWARDSHIP**





# 2020 REVIEW

We had a fun year planned for Velo Kids... KIDCYCLE spring rides, bi-weekly summer rides, Pedal the Pigeon and more. Unfortunately, due to COVID many things were canceled, but we quickly realized that **BIKE RIDES WERE NOT CANCELED!** Although we couldn't ride together like we normally do, we could encourage kids and families to get out and ride. Here is a list of Velo Kids events that were NOT canceled in 2020:

- Velo Kids Bike Bingo
- Tulip Time Bike Bingo
- Ronde van Quarantine
- 2 DIY Ice Cream Bike Rides (Moran Park & Rosa Parks Green)
- Summer Bike Adventure Challenge
- Cranksgiving DIY Bike Ride + Food Drive
- Junior Velo Club Team met weekly throughout the summer and fall



## BIKE BINGO!

Hey Velo Kids! Who wants to ride bikes!? WE SURE DO!  
We are starting a weekly Velo Kids bike challenge. Here is the bingo board for April 26-May 2. Check off as many boxes as you can!  
We would LOVE to see photos of your bike adventures throughout the week. Have an adult take photos, post to social media and tag @velokidsholland and Velo Kids, and use #velokidsbingo (Instagram and Facebook). Have fun and be safe! Always wear your helmet and ride with an adult.

- From your Velo Kids Coaches

Ride your bike through a puddle. Clean your bike	Ride your bike while wearing a super cool costume	Bike over a bridge	Post a photo of you on your bike and tag @velokidsholland
Go for a family bike ride	Pump up your bike tires to the recommended psi	Play 'I spy 3 orange things' on your bike ride	Do a back tire skid out! Get it on video and tag @velokidsholland
Ride your bike in a bike lane, with an adult	Ride your bike with your Velo Kids shirt on. Take a photo and tag @velokidsholland	Go for a bike ride and make 4 left turns	Ride your bike to a lake, pond or river
Build a bike obstacle course in your driveway (chalk, cones, ramps, etc)	Go on a 5 mile bike ride	Pop a wheelie on your bike	Bike up a hill

Thank you to our awesome Velo Kids sponsors!



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# SUMMER BIKE ADVENTURE

## WEEKLY WRITEUP

### PIGEON CREEK

12524 Stanton St West Olive, MI  
Week 5 - July 6 - July 12

#### SKILLS TO PRACTICE

1. Loose elbows and shoulders while going over roots
2. When you need to stop, make sure you are off to the side of the trail
3. Pre-ride safety check (tires, brakes, gears/ chain, all working)
4. Smile and say hi to other walkers and cyclists you see out on the trail

#### SECRET SPOT CLUES

This week the bananas will be hanging out on a tree by one of the bridges on the Pigeon Creek mountain bike loop. Look for them just after the #6 marker on the mountain bike trail ([map here](#)). Good luck! And remember to post photos of your Velo Kids by the bananas! #velokidsbikeadventure



# SUMMER BIKE ADVENTURE

Velo Kids were challenged to an 8-week bike adventure, encouraging kids and families to get out and bike. The weekly challenges highlighted a local trail for kids to ride, specific bike skills for them to practice and clues to a secret spot where they could find the hidden Velo Kids bananas.

Kids who completed 4 of 8 weeks and turned in their Summer Bike Adventure scoresheet received their very own Velo Kids water bottle.

More than 100 kids participated in the Summer Bike Adventure!





# JUNIOR VELO

2020 was the first year for our club team, Junior Velo. This team is designed for young riders (ages 8-15) who are passionate about the sport and wanting to ride more.

Junior Velo consisted of 20 kids and 12 coaches. We biked every Thursday evening from June until October at local trails all over West Michigan. We saw incredible improvement in bike handling, confidence and overall fun on bikes!





# VELO KIDS SPONSORS

Velo Kids were fueled by these awesome sponsors. Thank you for seeing the value in encouraging kids to get outside, explore new trails in the woods, practice bike skills and lead healthy, active lifestyles.



## MISSION & VISION

We are incredibly excited about this growing cycling community in West Michigan!

### Mission:

- Getting ALL Kids on Bikes
- Bike Skills
- Bike Safety
- Bike Trail Stewardship

### Vision for the Future:

- Keeping Velo Kids rides free
- Diversity - Making Velo Kids more accessible for everyone
- Creating a central location or bike park for kids to ride, practice skills and be outside

## COMMUNITY GRANT!

We are honored and thankful to Quality Bike Products for the Community Grant we received in 2020 to have bike obstacles made for future Velo Kids events. Thank you to Impact Fab for the design and creation of these sweet and durable obstacles. We are excited for more rides in 2021!

Thank you for a great year! Let's ride again in 2021.

- Your Velo Kids Coaches

Want to get involved? We would love to hear from you! Send a note to [jenny@velo-citycycles.com](mailto:jenny@velo-citycycles.com)

